



CIRCUS JUVENTAS

2011

EMERGENCY MEDICAL CONSENT & INFORMATION FORM

Please sign and return

Student Name _____ Gender _____

Home Address _____

City _____ State _____ Zip _____

Home Phone (_____) _____ Student cell phone no. (_____) _____

Birth Date ____/____/____ Age _____

Parent's/Guardian's name:

_____ **relationship to student:** _____

Home Phone (_____) _____ **Work Phone:** (_____) _____

Cell Phone: (_____) _____

Person's name and phone number to be notified in case of emergency:

_____ **Phone:** (_____) _____

Does above student suffer from any medical/emotional/mental/physical conditions? Yes ___ No ___

If yes, please list

Does above student regularly take any medication(s)? Yes ___ No ___

If yes, please indicate the name of the medication(s), the dosage, and whether or not they carry that medication with them _____ carry? Yes ___ No ___

Date of last Tetanus shot: _____

Health Insurance carrier: _____

Health Insurance policy and/or group #: _____

Physician's Name _____ phone (_____) _____

Physician Info (address/city/state/zip) _____

Parent/Guardian Signature: _____

Date: _____

Circus Juventas is a performing arts circus school. Its mission is to inspire artistry and self-confidence through a multi-cultural circus arts experience.



CIRCUS JUVENTAS

PARENT/GUARDIAN CONSENT AND RELEASE 2011

I, _____, being the parent or duly constituted guardian of _____, minor(s), age (s) _____, do hereby consent to his or her participation in Circus Juventas at 1270 Montreal Avenue, St. Paul, Minnesota. I hereby release Circus Juventas and staff from any responsibility or liability for personal injury sustained by him or her, and for any property damage caused by him or her.

I understand that use of the equipment and or participation in these activities may result in serious injury, aggravation of pre-existing condition, disability, paralysis or even death. Such events may result from any activity, whether difficult or not. They may also result from equipment failure or from the actions or inactions of other persons.

I also understand in the event medical treatment is required, I give my permission to the staff to secure the services of a licensed physician to provide the necessary treatment, including anesthesia, for my child's/children's well being. In the event of immediate attention, I give my permission to American Red Cross certified CJ staff to assist my child/children until Emergency Medical Technicians or licensed medical practitioners arrive. Circus Juventas will make every attempt to contact the person I have listed on the emergency form.

I also waive any claims against Circus Juventas, and agree to indemnify the Circus and hold it harmless in the event my child/children suffers an allergic reaction while at Circus Juventas.

(While Circus Juventas takes every reasonable precaution for the safety of its students, it cannot provide an environment that is free of allergens to students with unusual susceptibility, such as food, makeup, etc.).

Signature _____ Date _____

I give my permission for Circus Juventas to use any photographs of my child for promotional and fund raising purposes. I will not seek compensation of any kind from Circus Juventas.

Signature _____ Date _____

1270 Montreal Ave
St Paul, MN 55116
Phone: 651-699-8229 Fax: 651-699-4395
e-mail: info@circusjuventas.org

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CIRCUS JUVENTAS

COMPLIANCE STATEMENT 2011

Please sign and return this page to Circus Juventas.

I have read the Circus Juventas' Guiding Principles, Policies and Procedures document and agree to comply with all its guidelines, values and restrictions. I also agree to submit the requested forms and information discussed within it.

Parent signature

Date

Print student's name

Student signature

Date

Circus Juventas

SAFETY POLICIES and PROCEDURES

2011

All students must familiarize themselves with these Safety Policies and Procedures. All students, and parent/guardian if student is under 18, must sign the Safety Policies before the first day of class for the current session, attesting to the fact that they have read these policies and procedures and that they agree to abide by them at all times. Students who break these policies and procedures will be suspended and will not be allowed to take further classes at Circus Juventas (CJ) until a parent/staff/student conference has been attended.

Your cooperation in helping to make CJ a safe environment for the practice of circus arts is appreciated by the Board of Directors, administration and fellow students. Any infraction of these safety rules could jeopardize the future of CJ and the ability of everyone to enjoy learning circus arts.

The goal of our school is defined in our guiding principals and values as an amateur organization that assists young people to develop circus arts and life skills in a non-competitive environment. The school's first responsibility is to the safety of the participants.

Because the activities are inherently hazardous, it is necessary that all students and staff understand and follow these Policies & Procedures. If you have an idea which could enhance safety, please approach our staff or office with your suggestion.

WARNING: Use of the equipment, and or participation in these activities, may result in serious injury, aggravation of pre-existing condition, disability, paralysis or even death. Such events may result from any activity, whether difficult or not. They may also result from equipment failure or from the actions or inactions of other persons.

USE OF FACILITIES

Classes: Students should come at least **10 minutes before normal class time** for warm-up and to help set-up equipment. Inherent in learning the circus arts is the responsibility and safety aspects of the equipment and, together as a team, to be prepared for your act. All students must have signed a Policies and Procedures Compliance Statement, and Release of Liability/Waiver. All students must have a current Emergency Contact and Emergency Medical Information Form on file.

Individual use: The School prohibits practice alone without the authorization of an instructor.

Student responsibilities:

1. The student is responsible for understanding all information, which is specific to the student's activities.
2. Emergency and Medical Information must be current.
3. Safety instructions by staff members must be followed at all times:
 - Do not interfere with other activities in the facility. Be aware of other activities.
 - Never walk under a net.
 - Never walk under a trapeze when someone is using it.
 - Any injury must be reported to the office.
 - No eating in the facility except in posted area.
 - Clothes, gym bags, personal articles should be in locker or Locker Room.
 - Put trash in trash bins. Failure to clean up your mess will result in mandatory cleanup duty with the Arena Manager.
 - Guests and children should observe from designated security area.
 - Smoking is prohibited inside facility or on the grounds.
 - In accordance with federal laws applied to federal grant recipients, CJ is a drug-free environment.

BASIC SAFETY

Common sense: Due to the variety and unpredictability of hazardous situations that could arise, preparedness, awareness and common sense are critical to safety. If you observe a situation or equipment problem that you think may be unsafe, report it to an instructor or office staff immediately.

Be mentally prepared: Do not try a movement you do not feel prepared to try. Anticipate problems. Ask questions. Be responsible for yourself.

Be physically prepared: Have adequate rest and nutrition. It is critical to warm up and stretch before class. Wear appropriate clothing and footwear. Be aware that a certain illness may affect your abilities.

Medications and drugs: Many prescription and non-prescription drugs can affect judgement and coordination. Be familiar with the package insert for any medication you are taking. Be alert to any side effects. Use of alcohol, tobacco or any illegal drug by a participant will be cause for dismissal. Suspected use of illegal drugs or alcohol will result in suspension of any CJ activities for that day. Our **Zero Tolerance** for drug use is for the safety of all performers.

Know your equipment: Equipment shall be inspected before any workout. If something appears worn or broken or in any way unsafe, report it to the Staff, and do not use it until it has been investigated.

Always use passive safety equipment: Appropriate place mats, crash pads or a net, as specified for your activity.

Active spotting: Hand spotting by a CJ instructor, or safety lines by a CJ instructor will be used, depending on the student's skill level, and/or on all Swing and Aerial acts, until the skill has been mastered.

Safety belts: Know how to properly apply a safety belt and always have it checked by another person before using.

Shoe equipment: Students must wear proper footwear at all times. Check with individual act instructor.

PASSIVE SAFETY EQUIPMENT

Passive safety equipment consists of runners, mats, crash pads, and nets, and must always be used. Passive equipment may decrease the severity of accidents, but may not prevent injury. They are to be in place in case active spotting fails or is not being used. Proper set-up position and thickness must be used. Equipment must not be modified or used in a way that compromises its effectiveness.

Active spotting: In addition to hand spotting, there are active spotting systems of belts, carabiners, pulleys and spotting lines. When safety lines are required, a CJ instructor must hold them.

Safety belts: The belt must fit snugly, unable to slide down over the pelvis, or up to the chest. The belt buckle on the belts must be triple-passed to secure the belt (that is, the webbing must pass through the buckle three times). When green belts are used, the pass through is twice. No matter what belt is used, it must be checked by a second person each time is applied, or it is reapplied.

Only approved belts may be used. This means that personal belts are not allowed. Discuss this with the Arena Manager or Directors if this is a problem.

Note that in some children and some large people it is not possible to use a regular safety belt because the top of the pelvis cannot be felt and will not stop the belt from sliding. In such a case, a seat and chest harness would be needed.

Carabiners: Several types of locking carabiners are used to secure safety lines. Make sure that you understand how to lock the carabiners you are using. Always double-check the gate to make sure it is securely locked. If a carabiner

seems to be stuck or difficult to move, notify the instructor. Instructors are always expected to check the equipment before a student uses it.

Injuries and Emergencies: In an emergency, 911 should be called immediately. There is a phone at the Front Desk that can be used. Although CJ instructors are trained in emergency first aid and CPR, the school does not maintain emergency medical equipment and does not have emergency response personnel.

Any injury that results in a participant leaving a class, or receiving treatment by a physician must be reported to the office as soon possible.

Insurance Coverage: CJ maintains general liability insurance. In the event of an accident, this coverage may extend to some planned off-site events under the direct supervision of a CJ instructor. This insurance is not intended to substitute for a participants' own insurance. Before participating in this or any activity, the participant should carefully consider their need for and adequacy of hospitalization insurance covering medical expenses, rehabilitation, long term care and loss of income.

Again, it is the student's or parent's responsibility to update the emergency contact and health information in the office.